

Research Coach Workshops 2022/23

Below is a summary of the standard workshops available for delivery by Research Coach in academic year 2022/23.

Our workshops are all suitable for online delivery. In-person delivery is also available upon request. Travel and accommodation costs for in-person delivery will be charged in addition to the stated workshop cost.

2022/23 workshop prices

- 2 hour workshop = £425 +VAT
- 3 hour workshop = £650 + VAT
- *Boost 3 x 2hr career workshop programme = £1200 +VAT

A 10% booking discount will be applied for organisations block booking 3 or more workshops.

If your organisation has specific training needs that are not covered by the workshops listed here, we are able to discuss bespoke/tailored workshop design. Please contact

Natalie.James@researchcoach.co.uk

Focus on Research

- **Intro to the UK Research Environment (2hr)** - Researchers at any career stage who are new to UK research
- **Developing Excellent Research Proposals (3hr)** - Researchers that are planning to submit a research proposal in the short/medium term
- **Putting the 'Buzz' in your research bids (2hr)** - Researchers that are planning to submit a research proposal in the short/medium term
- **Mapping your research 'landscape' (2hr)** - Researchers at any career stage
- **Project management essentials for researchers (3 hr)** - Researchers at any career stage
- **Boosting your writing productivity (2hr)** - Researchers at any career stage

Leading and supporting others

- **Using your emotional intelligence to support and manage others (3 hr)** - Current and aspiring leaders
- **Introduction to mentoring skills (2hr)** - Academics and Researchers at any career stage

- **Coaching Skills for PIs and Research Leaders (3hr)**- Current and aspiring leaders
- **Supporting others well: active listening and constructive feedback (2hr)** - Academics and researchers at any career stage
- **Understanding and managing change (2hr)** - Current and aspiring leaders
- **Supporting PhD Researchers (3hr)** - Current and aspiring PhD supervisors
- **Supporting the writing process (2hr)** - Current and aspiring PhD supervisors

Navigating the PhD Process

- **Becoming an effective doctoral researcher (2hr)** – early-stage PhD students
- **Developing critical reading techniques (2hr)** – PhD students at any stage
- **Making progress in your PhD (2hr)** – mid-stage PhD students
- **Planning the final year of your PhD (2hr)** – Late-stage PhD students
- **Preparing for your Viva (2hr)** – Late-stage PhD students
- **Writing a successful thesis (2hr)** – Mid-late stage PhD students (arts, humanities and social sciences)
- **Editing your own academic writing (2hr)**– late-stage PhD students (arts, humanities and social sciences)

Developing your career

- **Strategic career planning (3hr)** - mid-career academics and researchers
- **Aiming for academic promotion (2hr)** – academics and researchers considering applying for promotion in the short-medium term
- **Thinking creatively about your career (2hr)** – PhD students and early career researchers who are considering their career options
- **Boost career coaching programme* (3x 2 hr workshop programme)** -- PhD students and early career researchers who are considering their career options

Personal development and healthy work practices

- **Understanding and managing imposter syndrome (2hr)** – academics and researchers at any career stage
- **Embracing Challenge (2hr)** – academics and researchers at any career stage
- **The Healthy Researcher (2 hr)** – academics and researchers at any career stage
- **Establishing Healthy Boundaries (2hr)** – academics and researchers at any career stage
- **Working well in academia (2hr)** - academics and researchers at any career stage
- **Building Confidence and Strengths (2hr)** – academics and researchers at any career stage

Terms

Research Coach Limited holds professional indemnity and public liability insurance. All workshops will be delivered by Dr Natalie James and/or Dr Jo Collins

Promotion, bookings and event related logistics are the responsibility of the commissioning organisation.

Cancelation policy:

- Workshops cancelled within 28 days of the booked date will incur a charge of 50% of the session price
- Workshops cancelled within 14 days of the booked date will incur a charge of 75% of the session price
- Workshops cancelled within 7 days of the booked date will incur a charge of 100% of the session price

Invoicing:

Workshop invoices will be issued at the end of the month in which the workshop is delivered. Payment is via BACS transfer or debit/credit card. All invoices must be paid within 30 days of the invoice date.

Contact

To discuss the workshops and/or to make a booking please contact Dr Natalie James, Director, Research Coach.

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